



The Myrtle Tree

ONLINE

Newsletter



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www.TheMyrtleTree.com



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Saliva Tests

The Myrtle Tree

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Take Advantage of this Special Test For Saliva And/Or Hair

This test is made up of 20 minerals in your body including the good as well as the detrimental ones, which includes Aluminum, Lead, Mercury, Radiation, Uranium Metal, Kali Iodine, Nick Alum Metal, Tellurium Metal and Radium Bromide - some of which are included in the Japan Reactor

Special is the test plus 2 Homeopathic Remedies which includes the antidote for the food and water you come in contact with and Chronic for people like my husband who has had radiation treatment for cancer. **Special price:** 2 Saliva or Hair Analysis for only \$50.00.

The Saliva Test

This test tells which herbs, vitamins, homeopathic remedies, diets and food combinations you need for assistance with weight control, testing 210 different allergies and other health related problems. The test will determine what is needed to restore and rebuild your body systems: immune, digestive, circulatory, lymphatic and skeletal, in addition to what you need to improve your skin, hair and nails.

The Apothecary Shop

We carry over 600 herbs, herbal combinations, and vitamins of the highest quality from Nature's Sunshine. We also carry over 2000 homeopathic remedies.

We carry Nature's Sunshine great products

Your Nervous System

Learn, Maintain and Improve Your Nervous System

The brain is your body's control center and the largest organ of the Central Nervous System. It receives, sorts, interprets, and stores sensations and information from the nerves that extend from the CNS to every part of the body.

Our scientists keep investigating the mysteries of outer space while our brain have a lot of mysteries yet to be discovered!

Our brains' mind-boggling facts:

Physical attributes:

- Your eyeballs are an extension of your brain.

- Your brain weighs about 3 lbs.
- The cerebrum is the largest part of the brain and makes up 85% of the brain's weight.
- The brain's gray matter is made up of neurons, which gather and transmit signals.
- The white matter is made up of dendrites and axons, which create the network by which neurons send their signals.
- Your brain is 60% white matter and 40% gray matter.
- The brain is made up of about 75% water.
- The brain is the fattest organ in the body and may consists of at least 60% of good fat.
- Your brain consists of about 100 billion neurons.
- There are anywhere from 1,000 to 10,000 synapses for each neuron.
- There are no pain receptors in the brain, so it can feel no pain.
- There are 100,000 miles of blood vessels in the brain.

There is a Better Way to Choose Your Nutritional Supplements

This technology has been used by NASA and now it is specially designed for Nature's Sunshine Products!



Unlike other tests, the Decision Support Technology of the Zyto Compass is designed specifically around your body's biological preferences in nutritional supplements.

The Compass by Zyto is not a medical device, it does not diagnose, treat or cure nor does it determine allergic reactions or deficiencies. The Compass helps you make better decisions regarding your nutritional supplements.

Visit us at

<http://themyrtle.com> Then click on **The Better Way to Choose Nutritional Supplements**

Nervous System Program

Brain Function:

- Your brain uses 20% of the total oxygen in your body.
- As with oxygen, your brain uses 20% of the blood circulating in your body.
- If your brain loses blood for 8 to 10 seconds, you will lose consciousness.
- While awake, your brain generates between 10 and 23 watts of power—or enough energy to power a light bulb.
- The brain can live for 4 to 6 minutes without oxygen, and then it begins to die. No oxygen for 5 to 10 minutes will result in permanent brain damage.
- A study of one million students in New York showed that students who ate lunches that did not include artificial flavors, preservatives, and dyes did 14% better on IQ tests than students who ate lunches with these additives.

Memory:

- Frequent jet lag can impair your memory,
- Every time you recall a memory or have a new thought, you are creating a new connection in your brain.
- Memory is formed by associations, so if you want help remembering things, create associations for yourself.

Other Interesting Facts:

- We create about 70,000 thoughts daily.



Nervous Program Benefits:

- Contains key vitamins and herbs that feed and soothe the nervous system.
- Builds the body's ability to adapt to stress.
- Helps calm nerves and supports restful sleep.

Nervous System Pack. This body system pack contains key vitamins and herbs that feed and soothe the nervous system, build the body's ability to adapt to stress and supports restful sleep. Contents include:

- Juggling has shown to change the brain in as little as seven days. The study indicates that learning new things helps the brain to change very quickly.
- Laughing at a joke is no simple task as it

Stress-J

Contains a powerful blend of four calmativie herbs known to help support proper nervous system function. This unique formula promotes relaxation and well-being.

AdaptaMax®

This combination of adaptogenic herbs helps the body combat and adapt to stressful situations, including stress on the immune system, fatigue and stress-related aging.

Nerve Eight®

This combination of eight herbs helps support proper nervous system function, reduce cellular stress, promote sleep and provide digestive support.

Nutri-Calm®

Provides B-complex vitamins, antioxidants and other essential nutrients that support and calm the nervous system and encourage restful sleep.

--Each day take the contents of one packet in the morning with breakfast, and the contents of one packet in the evening with a meal.

requires activity in five different areas of the brain.

- Each time we blink, our brain kicks in and keeps things illuminated. We blink about 20,000 times a day.